


## Parampara Path: The Indian Way of Life and Learning

<b>Organized by:</b>	<b>SOAS</b>
<b>Date of Activity:</b>	<b>8-9 Apr 2026</b>
<b>Duration:</b>	<b>2 Days</b>
<b>Venue:</b>	<b>SoA Building</b>
<b>Participants:</b>	<b>UG Fourth Semester</b>
<b>Resource Persons/Experts/Guests</b>	<b>Dr. Prachi Chandra Kandwal, Dr. Anuradha Tandon, Mr. Prushaant Shekhar Pandey, Ms. Sai Supraja</b>

<b>Aligned SDGs</b>	<b>Rationale for SDG Linkage</b>
 The icon for SDG 4, Quality Education, is a red square with a white border. It features the number '4' in a large white font, followed by the words 'QUALITY EDUCATION' in a smaller white font. Below the text is a white outline of an open book and a pencil.	Reconnect with knowledge traditions that integrate intellectual, emotional, physical, and spiritual dimensions of life.

### Objectives of the Activity

“Parampara Path: The Indian Way of Life and Learning” aims to introduce participants to the depth, relevance, and holistic nature of the Indian Knowledge System (IKS). In an era dominated by rapid technological advancement and fragmented learning, there is a growing need to reconnect with knowledge traditions that integrate intellectual, emotional, physical, and spiritual dimensions of life. This workshop seeks to bridge that gap by offering a meaningful platform where ancient wisdom meets contemporary understanding.

### Description of the Activity

The event is designed as a two-day immersive experience that brings together scholars, practitioners, and learners to explore India’s rich civilizational heritage. It focuses on experiential learning rather than mere theoretical exposure, enabling participants to engage actively with concepts rooted in Indian philosophy, performing arts, and traditional practices. By introducing

elements such as Natyashastra, holistic well-being, and traditional knowledge systems, the workshop aspires to cultivate a deeper appreciation of indigenous knowledge.

Aligned with the vision of the National Education Policy (NEP 2020), this initiative emphasizes the importance of integrating traditional knowledge into modern education. It encourages learners to recognize the scientific, cultural, and philosophical foundations of Indian traditions and their relevance in today's world. The program also aims to nurture mindfulness, self-awareness, and cultural sensitivity among participants, thereby contributing to their overall personal and intellectual growth.

### **Outcomes of the Activity**

Ultimately, the workshop seeks to create a balanced perspective among students and faculty by reconnecting them with India's timeless wisdom while equipping them to apply these insights in contemporary contexts. It aspires to inspire participants to adopt a more holistic, value-based approach to learning and living, making education not just a means of acquiring information but a pathway to self-discovery and well-being.

### **Photographs With caption**



*Some glimpses of the event*

